knowing what matters most

HIV testing: the only sure way to know

Anyone of any race, age, gender, or sexual orientation can get HIV. For the sake of personal and public safety, routine testing is increasingly important. Only an HIV test can confirm whether a person is infected. That's why HIV screening is so critical.

Learn more at MyChoicelsQuest.com



Did you know that according to the Centers for Disease Control and Prevention (CDC):

There are an estimated 1.1 million persons living with HIV in the United States¹:

- 15% of those do not know they're living with the virus¹
- They aren't getting the treatment they need, and may be unaware they are passing on HIV to others



Knowing your status now may help you live a healthy life

The CDC recommends that everyone 13-64 years old have an HIV test. Men and women of all sexual orientations, all ages, and all races can get the virus.

If you do happen to test "positive," early HIV treatment can help. Many people with HIV live long, healthy lives, and some don't even feel sick. They visit their doctors for routine checkups and take medicine to prevent HIV from developing into AIDS. If you test "positive," you can learn what to do to keep from passing on HIV to the people you love.

People at high risk may benefit from periodic testing:

- Gay and bisexual men
- Injection drug users
- People with more than one sex partner

When it comes to testing and understanding your HIV status, Quest Diagnostics has you covered. When you're at your doctor's office, remember to ask these important questions:

- I know there are many ways to get HIV. Am I at rísk?
- I have a new sexual partner. Should I be tested? Should my partner be tested?
- What are my treatment options if my test is positive?

Good health starts with KNOWING

The next time your doctor orders blood testing, let them know that you'd like to go to one of the Quest Diagnostics Patient Service Centers in your neighborhood. Take advantage of our convenient locations, minimal wait times, professional staff, fast turnaround, and online test results.

MyQuest helps make healthcare convenient, letting you get your test results online from

any device, quickly schedule Quest Diagnostics

appointments, and much more. To sign up for MyQuest visit **QuestDiagnostics.com/MyQuest**.

Get started today

Ask your doctor about HIV

testing by Quest Diagnostics

Image content features models and is intended for illustrative purposes only.

References

1. Centers for Disease Control and Prevention. HIV/AIDS. Statistics Overview. https://www.cdc.gov/hiv/statistics/overview/index.html. Updated November 30, 2017. Accessed April 16, 2018.

MyQuest[™]

QuestDiagnostics.com

Quest Diagnostics Incorporated and its subsidiaries (Quest) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1.844.698.1022. ATENCIÓN: Si habla español (Spanish), tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844.698.1022. 注意:如果您使用繁體中文(Chinese),您可以免費獲得語 言援助服務. 請致電 1.844.698.1022.

Quest, Quest Diagnostics, any associated logos, and all associated Quest Diagnostics registered or unregistered trademarks are the property of Quest Diagnostics. All third-party marks—® and [™]—are the property of their respective owners. © 2018 Quest Diagnostics Incorporated. All rights reserved. PP7642 4/2018