

# KNOWING

what matters most

## Rule out your risk for hepatitis C

You may not know it, but there are many ways to get the hepatitis C virus. It is more common in certain age groups, but anyone can have it. The only way to be sure is to get tested.

Learn more at  
**[MyChoiceIsQuest.com](https://www.MyChoiceIsQuest.com)**



## Did you know that according to the Centers for Disease Control and Prevention (CDC)<sup>1</sup>:

- Hepatitis C screening for anyone born between 1945 and 1965 has been shown to be an effective way to help identify hepatitis C-positive patients, so they can get care earlier<sup>1</sup>
- New treatments are now available that may halt disease progression and even provide a cure in more than 95% of cases
- Screening for hepatitis C is recommended to help prevent potential liver damage



## Help prevent potential liver damage with a **simple test**

The hepatitis C virus is a viral infection that can sometimes lead to serious liver damage. Because of the way sterilization of needles, inoculations, and transfusions was handled prior to 1985, you may have been exposed to hepatitis C unknowingly. Whether it was through an unregulated ear piercing, tattoo, or an emergency room visit, you may have been exposed.

Knowing whether your hepatitis C status is positive can help you benefit from earlier treatment.

### Why you should get tested for hepatitis C

- A once-in-a-lifetime hepatitis C screening is covered as a preventative service under the Affordable Care Act—testing is covered under many health plans at no cost
- An estimated 3.5 million persons are living with hepatitis C<sup>1</sup>
- Untreated, hepatitis C can lead to cirrhosis of the liver, liver cancer, or liver failure
- In many cases, hepatitis C can be cured with just 12 weeks of treatment

**When it comes to testing, tracking, and helping you manage hepatitis C, Quest Diagnostics has you covered.**

## Get started today

Ask your doctor about hepatitis C testing by Quest Diagnostics



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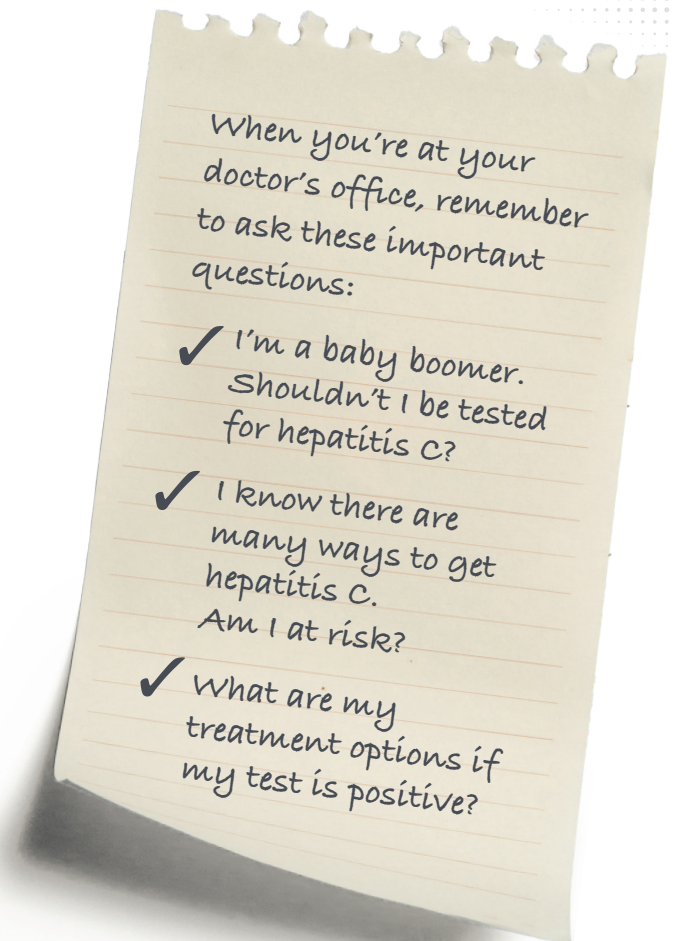
#### References

1. Centers for Disease Control and Prevention. Viral Hepatitis – Hepatitis C information. <http://www.cdc.gov/hepatitis/hcv/hcvfaq.htm>. Last updated: February 23, 2018. Accessed April 16, 2018.

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When you're at your doctor's office, remember to ask these important questions:

- ✓ I'm a baby boomer. Shouldn't I be tested for hepatitis C?
- ✓ I know there are many ways to get hepatitis C. Am I at risk?
- ✓ What are my treatment options if my test is positive?

## Good health starts with KNOWING

The next time your doctor orders blood testing, let them know that you'd like to go to one of the Quest Diagnostics Patient Service Centers in your neighborhood. Take advantage of our convenient locations, minimal wait times, professional staff, fast turnaround, and online test results.

## MyQuest™

MyQuest helps make healthcare convenient, letting you get your test results online from any device, quickly schedule Quest Diagnostics appointments, and much more. To sign up for MyQuest visit [QuestDiagnostics.com/MyQuest](https://QuestDiagnostics.com/MyQuest).