



PACK➤HEALTH™

A Quest Diagnostics Company

Complete the **whole** **picture of health** with Quest and Pack Health



**There's a better
way to understand
the full picture of
member health.**

Quest is enabling plans to bridge the gap between diagnostic data and member engagement through our acquisition of digital patient engagement platform Pack Health, now a Quest Diagnostics company.

By understanding a member's clinical picture through diagnostics, as well as their social determinants of health, behavioral factors, and lifestyle, we offer a holistic approach to improving member health and wellness for over 30+ chronic conditions.

What Pack Health **offers**



Our digital platform includes personalized, accessible programming for more than 30 chronic conditions and comorbidities



Members can connect through call, text, or email—no special app required



Our whole-person approach addresses nonclinical factors including lifestyle and behavioral health challenges



No chatbots—all member engagement is human-to-human with a certified Health Advisor



Our results are based on data that we track and share aggregately with each plan, so that results can be measured and used for action



Whole person care means that we provide health coaching and care coordination, including scheduling non-emergency medical transport to and from medical appointments and creating meal plans

Connect with Pack Health today >